



LEARNING PARTNERS NEWSLETTER

112 WEST LEWIS LIVINGSTON MT 59047

MAY 2009

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Learning Partners is a service of
Community Health Partners with
support from Even Start and the
Children's Trust Fund. We are an
equal opportunity provider and
employer.



STRENGTHENING FAMILIES THROUGH COMMUNITY NETWORKING

By connecting our families
to community resources,
Learning Partners believes we
can strengthen families. Through
Learning Partners' strength-based
model we encourage our families
to participate in a wide number of
programs — both within our walls
and throughout the community.

Join us this month in
celebrating the diversity of
programming that Livingston has
to offer our families. Learning
Partners' parents took the lead in
researching community resources
that make a difference in their
families' daily lives and in writing
this month's newsletter.

LEARNING PARTNERS PARENTING CLASSES

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI	SAT
MAY 2009 12:45 - 1:45						
3	4 CHP RESOURCE GUIDE	5 PARENT SUPPORT GROUP	6 BODY IMAGE: WHERE DOES IT COME FROM?	7 CELEBRATING MOTHERHOOD	8	9
10	11 DEVELOPING PERSONAL POWER IN CHILDREN	12 PARENT SUPPORT GROUP	13 CREATING HEALTHY EATING HABITS 12:45 TO 1:45	14 FOOD PANTRY VISIT	15	16
17	18 KNOWING YOUR CHILD'S MILESTONES	19 PARENT SUPPORT GROUP	20 A DAY IN YOUR CHILD'S LIFE	21 BRAIN MAP FOR SPEECH AND LANGUAGE DEVELOPMENT	22	23
24	25 HOLIDAY CLOSED	26 PARENT SUPPORT GROUP	27 BRAZELTON'S TOUCHPOINT THEORY	28 CREATING AN EMOTIONAL BOND WITH YOUR CHILD	29	30

LOAVES & FISHES OF LIVINGSTON
301 SOUTH MAIN STREET
LIVINGSTON, MT 59047
(406) 2224824

LIVINGSTON FOOD PANTRY
112 NORTH M STREET
LIVINGSTON, MT 59047
(406) 222-5335

Loaves & Fishes of Livingston and Livingston Food Pantry are both highly appreciated resources within our community. Both offer food assistance for people in need of feeding them selves and their families.

Loaves and Fishes provides a free well balanced dinner Monday-Saturday. Our community is responsible for making this such a great operation. Loaves is owned by Marti Claire of Livingston and managed by Christine Kauffman of Livingston. They, along with many wonderful volunteers, spend time cooking, cleaning and serving meals free of charge.



Livingston Food Pantry is also a huge help to our community. They are open bi-weekly to provide fresh produce and on a monthly basis they give free food to families in need and help in any way they can.

By Danielle Futter

“The Livingston Food Pantry reaches out to all Park County families. In April, they also handed out Easter baskets.”

WESTERN DRUG
1313 WEST PARK LIVINGSTON — 222-7332

Brandi Ollerman is the manager of Western Drug Pharmacy in Livingston. She does glucose screening, immunizations; she also offers drug identification, free delivery, and mail order prescriptions. Brandi makes sure that the clients get the right medication which builds good patient relationships.



Western Drug provides special prices for the low income population through CHP’s 340B Prescription Program. Brandi advises you about the different drug reactions. Patient safety is the most important priority.

By Rhonda Birkeland



GYM DAY

"It's a place where young children can blow off steam, get exercise, and learn through playing."



There are many services available through at Learning Partners to support families so they can raise well-rounded and healthy children. One of Learning Partners newest program is Gym Day, which is offered on Thursdays from 10-11 AM at Washington School. Gym Day is a place where parents and their children can have a place to socialize and exercise together on a winter day. The intention of this program is to support young children's growth and development and strengthen family support networks.

By Shalaine Bourne



BIG BROTHERS BIG SISTERS
OF PARK AND SWEET GRASS COUNTIES
105 SOUTH 2ND LIVINGSTON MT — JILL RICHARDS: 222-1930

The Mission of Big Brothers Big Sisters is to help each child reach their full potential through professionally supported one to one mentoring relationships with measurable results.

The Vision of Big Brothers Big Sisters is to create brighter individual futures, stronger schools and healthier communities for everyone.

Big Brothers Big Sisters is an asset to our community providing children between the ages of 6 to 18 , with fun safe and helpful mentoring programs. Big Brothers Big sisters is an important part of our community.

Thank you BBBS

By Becky Graulin

CASEY RUDD & CONNECTIONS
1117 NORTH 7TH BOZEMAN, MT — 556-1139

Casey Rudd is one of Learning Partners favorite and regular guest speakers. She encourages us to be “the best parent we can be,” and gives us tips on how to make make positive changes in our life. As founder and director of Connections, she offers the following services: Con Connection, Youth Connection, Street Outreach, Hepatitis Connection, and HIV and Hepatitis C Testing and Counseling.



All these services assists families going through difficult life situations and offers them healthy alternatives. Casey believes that positive changes in this these high risk populations will lowered recidivism and create safer communities for all of us to live. Everyone deserves a second chance and Casey’s programs offer them hope and guidance through education.

By Rhonda Birkeland

WHAT IS D.B.T?
DONNA DELICH: 222-1111

Dialectical Behavior Therapy is a program that offers proven tools and skills to help people handle challenges and opportunities that occur in a life worth living. As a parent, I face challenges everyday, and DBT gives me the skills that help me through any hectic day. The DBT class at Learning Partners gives us a safe place to practice our skills and get feedback form other parents.

An example of skills I learned in DBT that I personally use with my son is stepping back and thinking about what might work before I act — especially when it's time to eat. My son is a very picky eater. He's only 2 years old, and I can go crazy trying to get him to eat, so finally I took a step back and had to think of what might work. Now instead of getting frustrated, I just wait, because he'll eat when he's hungry. This is a hard situation, but with my tools and new skills I am able to not get emotionally involved, and/or angry. By being mindful, I can deal with it effectively!!!

By Traci Dobrowski



HEAD START
201 SOUTH F STREET LIVINGSTON MT
AMBER BAKER: 587-4486

Head Start is a great asset to our community. They provide, federally funded, traditional preschool for children, that without Head Start they wouldn't receive. Head Start works with families as a whole. They make sure our children are getting a learning environment at home as well as at the center making parents their primary educators. Head Start helps us parents get our needs met as well providing numerous community recourses and providing classes for dealing with everyday family issues.

As a parent of a Head Start child, I have seen my son grow by leaps and bounds. I have seen an improvement in his language, writing, and social skills. I feel very welcomed in the classroom, and always feel that they are looking out for both my son and I.

By Stephanie Loepky



Learning Partners
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Our mission is to enhance community health and well-being through innovative programming, strong partnerships, improved outcomes.
Our vision is 100% Access, 0% Disparity

